

Breathe FOR Change

200-hour Certified Yoga Teacher (CYT 200) and Social-Emotional Learning Facilitator (SEL*F)

This is to certify that

Alynthia Penn

has completed the requirements for the Breathe For Change Mindfulness, SEL, and
Yoga Teacher Training for Educators and Community Leaders

21 August 2024

Date



Dr. Ilana Nankin, Founder & CEO

